

## **About Ann Wilson, Head Chef – The Wealth Chef**

### **Long Bio**

Ann Wilson, The Wealth Chef, best-selling author, speaker and financial empowerment activist, believes everyone can experience abundant wealth in their lifetime and have all the money they need to live an unlimited life.

That is why she is dedicated to inspiring, empowering and liberating people to create a positive relationship with money and providing them with simple, actionable and effective tools to build wealth.

By 38, Ann achieved her own financial freedom, meaning she can stop working whenever she chooses and her assets will continue earning her all the money she needs (and more) to live the lifestyle she wants forever.

She didn't have a family inheritance, a business she sold for millions, or a lucky win in the lottery, she simply taught herself to master the key ingredient to live an "unlimited life" - money.

In her 20's, despite an excellent education and a successful career as a Civil Engineer, she was financially illiterate and drowning in debt. By learning how money really works and taking action, Ann was able to turn her life around and now lives a financially free life – one where she lives the lifestyle she wants without having to work if she chooses because her assets earn her all of the income she needs now and forever.

Ann is committed to empowering others to create their "unlimited life" - to do the things they love, experience a fuller life and be safe and secure in the future.

By using the wisdom gained from her own experiences, Ann now shares her recipes for wealth with her students all over the world - from Africa to Australia, America to Europe –

enabling them to break free from debt, build cash reserves, and create assets that work hard for them – so they don't have to.

The Wealth Chef delivers dynamic training programs that teach individuals how to create and live a wealthy life. Consistently applied, Ann's recipes for wealth guarantee financial freedom and ultimately allow anyone to live the life they choose.

By igniting positive expansion in others, she knows they will do the same – creating a positive ripple effect in their families, communities, and the world, making it a better place for all.

Knowing that creating financial freedom is 80% mind-set and 20% technical know-how, Ann continues to explore the power of the mind and human potential by regularly attending life expanding events, workshops and retreats. Along her journey Ann has trained with some of the world's top success and wealth mentors, was a member of Tony Robbins senior leadership team and is a qualified NLP Master Practitioner and Trainer.

An explorer at heart, with a love for adventure and new experiences, Ann has lived and worked in her native South Africa, Hong Kong, Australia, the UK, the USA, and France.

She rode around the whole of Australia on a motorbike, has dived all over the planet, sailed extensively and spent much time in her favourite place, the African Bush.

Contribution is very important to Ann and 100% of the royalties from her bestselling book **The Wealth Chef**, published by Hay House, are donated to **The Small Enterprise Foundation** - A foundation eradicating poverty by empowering women through financial literacy and the development of viable economic enterprises.:-

Currently based South Africa, with her beloved Spinone, Cara Mia, and Tonkinese cat, Braken, Ann is constantly gallivanting around the globe revelling in nature and pursuing her curiosity about what a wealthy life means in different cultures and to different people.

Ann is living proof that no matter who you are, where you start in life or what has happened in your past, you too can create financial freedom and live your unlimited life.